



# February is National Senior Independence Month

Are you a senior that fears giving up your independence? At Westminster Village we offer resident's independent living in our Residential Retirement Apartments so you don't have to give up your everyday lifestyle. The benefits of residential living is perfect for active seniors who

are able to handle daily tasks effortlessly, yet still want to enjoy retirement to the fullest. In spite of the wide variety of retirement living options for seniors, a residential living community has many benefits.

In addition to increasing social interaction, maintenance-free living, and even peace of mind, Westminster Village can enhance and improve your life in unseen ways.

Here are some of the top benefits of living in a residential retirement apartment:

1) Home maintenance and chores are no longer a hassle:

Westminster Village has a full-time maintenance and housekeeping staff that is here to assist you so you don't have to worry about doing it yourself. This allows you more time to do what you love to do!

2) All-inclusive month-to-month lease:

You don't have to worry about all of the bills coming in that need to all be paid. Everything is on one monthly bill so you don't have to worry about paying the utilities, cable, and other bills separately. Downsizing to residential living can reduce your monthly spending if you are downsizing from your current home.

3) Delicious and healthy food:

Westminster Village offers two types of residential apartment living to the residents: full kitchen and kitchenette. Apartments with Full Kitchens are our most independent style. This level offers you a choice of meal plans with the flexibility to prepare some of your own meals if and when you choose. Kitchenette apartments include all meals in the dining room. If you prefer, you may enjoy a leisurely breakfast in your apartment.

4) Privacy and Community:

A benefit of residential living is enjoying privacy but also being part of an active senior living community. From participating in the multiple activities taking place every day, to joining fellow residents for a meal or taking advantage of exercise classes, musical entertainment, grocery shopping trips, and other activities, you can utilize everything the community has to offer as much or as little as desired.

5) Social Engagement and friendships:

No matter what stage of life we are in, social engagement and friendships are important. As we age, finding friends can be a challenge. The great thing about Westminster Village, your new friends are here with you eating dinner, attending exercise classes, enjoying a musical performance, or just sitting on the sofa enjoying small conversations. The new residents at Westminster are welcomed by a new resident committee that will help you get engaged and meet other residents.

If you would like to take a tour, call Tyler Ewing or Melody Scoble at 765.288.2155

#### **February Special Events**

2/4-6:30 p.m.

The World of Musicals-Emens

2/8-7:00 p.m.

Music with Larry Davis

2/9-11:00 a.m.

**Lunch Bunch-Ruby Tuesday** 

2/10-4:00 p.m.

Social Hour

2/10-6:00 p.m.

Sweethearts Dance

2/11-6:30 p.m.

Noises Off-Muncie Civic Theater

2/13-7:00 p.m.

Music with Chris & Angi

2/18-3:00 p.m. Musical Friends

2/20-7:00 p.m.

Music with Paul White

2/21-2:00 p.m.

**Nature Conservatory Presentation** 

2/21-7 p.m.

Music with Todd Berry

2/22-7:00 p.m.

Music with Denni Glander

2/24-4:00 p.m. Social Hour

2 /25 6.20 -

2/25-6:30 p.m. East Meets West-Orchestra Indiana

2/27-7:00 p.m.

Music with Rhatatat

All events will be held in the Legacy Commons Event Hall unless otherwise indicated.



## "SAFE & WARM" FOR THE WINTER

Now is the time to start thinking about where you want to spend this winter. At Westminster Village you can celebrate the season in a winter wonderland filled with life enrichment connections to enhance your mind, body, and spirit. Just turn down the thermostat,

pack a bag, and get ready to enjoy a safe and entertaining winter.

For more information, call Tyler or Melody at 765.288.2155

#### SWEETHEARTS DANCE

Westminster Village invites you to join us as you spin your favorite sweetheart around the dance floor, or just come to listen. Senior couples and singles are welcome to attend!

Westminster Village-Legacy Commons February 10th · 6 p.m. - 8 p.m. 5801 W Bethel Ave · Muncie





### **EMPLOYEE SPOTLIGHT**

Name: Abby Pettigrew Job Title: Life Enrichment Assistant

Department: Activities "Life Enrichment Team"

What is your favorite hobby? Abby loves to garden. She loves flowers and lady bugs.

What's one thing on your bucket list? Visit Australia!

What's a fun fact about you many people may not know? She has taken line dance, square dance, and ball room dance lessons. So, if you need a dance partner, she is your gal!

How long have you been with the company? 5 years

What do you enjoy most about working here? She truly loves learning from the residents and engaging in their everyday life. She looks forward to coming to work! Her only regret is not coming to Westminster Village to work sooner!

