

VILLAGE VOICE

March 2023

"Life in Balance" Wellness Philosophy

At Westminster Village, we nurture the whole person-the mind, body, and spirit of our residents and team members. They live a more enriched, engaged life through our diverse programming and our beautiful, natural setting. And those who live with us appreciate the security of full continuum care, offered at the best possible value. Our residents and team members can rest assured that they have made the right decision to move to Westminster Village.

ENVIRONMENTAL: Being aware of the interactions between the environment, community, and ourselves.

OCCUPATIONAL: Engaging in personal interests through meaningful activities.

SOCIAL: Creating and maintaining healthy relationships and actively participating in social events.

EMOTIONAL: Maintaining a positive approach to life.

PHYSICAL: Engaging in regular physical activity and following healthy lifestyle habits.

INTELLECTUAL: Being creative and curious to expand your knowledge through a variety of resources and cultural activities.

SPIRITUAL: Finding meaning in life events and being compassionate towards others. Appreciating beauty, nature, and life.

March Special Events3/1-6:30 p.m.
Menopause the Musical-Emens3/10-4:00 p.m.
Social Hour3/24-
Social Hour3/1-7:00 p.m.
Music with Larry Davis3/15-7:00 p.m.
Music with Tom Wright3/24-
Social Hour3/6-7:00 p.m.
Music with Chris & Angi3/17-6:30 p.m.
Our Planet Live in Concert-Emens3/27-
Music with Chris & Angi

3/8-7:00 p.m. Music with Megan Biner

3/9-11:00 a.m. Lunch Bunch-Cracker Barrel 3/20-7:00 p.m. Music with Paul White

3/22-7:00 p.m. Music with Todd Berry 3/24-4:00 p.m. Social Hour

3/24-6:30 p.m. The Artist Series: 50 Years of Rock n'Roll-Emens

> 3/27-7:00 p.m. Music with Rhatatat

3/29-7:00 p.m. Music with Denni Glander



"SAFE & WARM" FOR THE WINTER

Now is the time to start thinking about where you want to spend this winter. At Westminster Village, you can celebrate the season in a winter wonderland filled with life-enrichment connections to enhance your mind, body, and spirit. Just turn down the

thermostat, pack a bag, and get ready to enjoy a safe and entertaining winter.

For more information, call Tyler or Melody at 765.288.2155

NOW ACCEPTING MEDICAID IN OUR HEALTH CENTER

Westminster Village is excited to announce that we are now accepting Medicaid in our Health Center. This allows us to serve more of the community with the same great care that we have provided for over 49 years.

- Professional nursing staff is available 24 hours a day.
- Comfortable and spacious private suites are available.
- Free-111 Channel in-house TV, Telephone & in-room Wi-Fi.
- Selective menus that meet a variety of nutritional needs and change daily.
- Regularly scheduled entertainment.
- Variety of Spiritual and worship programs offered.

Call for more information

Spring into Health WESTMINSTER VILLAGE HEALTH FAIR

Westminster Village invites you to join us for our "Spring into Health" Community Health Fair. This event is open to the public and free to attend. There will be a variety of different booth vendors, free screenings, and door prizes.

Westminster Village-Legacy Commons April 6th · 10 a.m. - 2 p.m. 5801 W Bethel Ave · Muncie



EMPLOYEE SPOTLIGHT

Name: Ron Naylor Job Title: Chaplain Department: Administration What is your favorite hobby? Ron enjoys following Ball State's sports teams and the Chicago Cubs. He also likes to attend cultural events at the University and in the community.

What's one thing on your bucket list? Travel to Australia.

What's a fun fact about you that many people may not know? In college, he was a singer in a Rock & Roll Band for 4 years.

How long have you been with the company? 5 years

What do you enjoy most about working here? His role as Chaplain is to the Residents and Staff. He loves the daily interaction and pastoral care for both.



5801 W Bethel Ave · 765-288-2155 · wvmuncie.com