

Week at a Glance

Fall/Winter 23-24

SUNDAY, 1/7/2024		MONDAY, 1/8/2024		TUESDAY, 1/9/2024		WEDNESDAY, 1/10/2024		THURSDAY, 1/11/2024		FRIDAY, 1/12/2024		SATURDAY, 1/13/2024	
Breakfast 7:30am-9am	<div>Cinnamon Pancakes</div> <div>Scrambled Eggs</div> <div>Poached Egg</div> <div>Toast</div> <div>Donut</div> <div>Bacon</div> <div>Fresh Seasonal Fruit</div> <div>Oatmeal</div> <div>Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch</div> <div>Fresh Banana</div> <div>Orange Juice</div> <div>Cranberry Juice</div> <div>Prune Juice</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div>	<div>Breakfast Quiche</div> <div>Scrambled Eggs</div> <div>Poached Egg</div> <div>Toast</div> <div>Donut</div> <div>English Muffin & Butter or Margarine</div> <div>Bacon</div> <div>Fresh Seasonal Fruit</div> <div>Oatmeal</div> <div>Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch</div> <div>Fresh Banana</div> <div>Orange Juice</div> <div>Cranberry Juice</div> <div>Prune Juice</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div>	<div>Belgian Waffle</div> <div>Scrambled Eggs</div> <div>Poached Egg</div> <div>Toast</div> <div>Donut</div> <div>English Muffin & Butter or Margarine</div> <div>Bacon</div> <div>Fresh Seasonal Fruit</div> <div>Oatmeal</div> <div>Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch</div> <div>Fresh Banana</div> <div>Orange Juice</div> <div>Cranberry Juice</div> <div>Prune Juice</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div>	<div>Egg and Ham Muffin Sandwich</div> <div>Scrambled Eggs</div> <div>Poached Egg</div> <div>Toast</div> <div>Donut</div> <div>English Muffin & Butter or Margarine</div> <div>Bacon</div> <div>Fresh Seasonal Fruit</div> <div>Oatmeal</div> <div>Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch</div> <div>Fresh Banana</div> <div>Orange Juice</div> <div>Cranberry Juice</div> <div>Prune Juice</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div>	<div>French Toast Casserole</div> <div>Scrambled Eggs</div> <div>Poached Egg</div> <div>Toast</div> <div>Donut</div> <div>English Muffin & Butter or Margarine</div> <div>Bacon</div> <div>Fresh Seasonal Fruit</div> <div>Oatmeal</div> <div>Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch</div> <div>Fresh Banana</div> <div>Orange Juice</div> <div>Cranberry Juice</div> <div>Prune Juice</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div>	<div>Scrambled Eggs</div> <div>Poached Egg</div> <div>Cinnamon Roll</div> <div>Toast</div> <div>Donut</div> <div>English Muffin & Butter or Margarine</div> <div>Bacon</div> <div>Fresh Seasonal Fruit</div> <div>Oatmeal</div> <div>Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch</div> <div>Fresh Banana</div> <div>Orange Juice</div> <div>Cranberry Juice</div> <div>Prune Juice</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div>	<div>Farmers Market Hash with Egg</div> <div>Scrambled Eggs</div> <div>Poached Egg</div> <div>Toast</div> <div>Donut</div> <div>English Muffin & Butter or Margarine</div> <div>Bacon</div> <div>Fresh Seasonal Fruit</div> <div>Oatmeal</div> <div>Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch</div> <div>Fresh Banana</div> <div>Orange Juice</div> <div>Cranberry Juice</div> <div>Prune Juice</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div>						
	<div>Bean with Bacon Soup</div> <div>Winter Citrus Salad with Arugula</div> <div>Open-faced Roast Beef Sandwich with Gravy</div> <div>Onion Souffle</div> <div>Seasoned Brussels Sprouts</div> <div>Choice of Bread & Butter or Margarine</div> <div>New York Style Cheesecake</div> <div>Lemonade (No Sugar Added)</div> <div>Iced Tea</div> <div>Milk</div> <div>Skim Milk</div> <div>Coffee / Tea / Decaf</div> <div>Hot Chocolate</div>	<div>Meatball Soup</div> <div>Salad of the Day</div> <div>Vegetable Lasagna</div> <div>Garden Salad with Dressing</div> <div>Garlic Bread</div> <div>Chocolate Éclair</div> <div>Lemonade (No Sugar Added)</div> <div>Iced Tea</div> <div>Milk</div> <div>Skim Milk</div> <div>Coffee / Tea / Decaf</div> <div>Hot Chocolate</div>	<div>Potato Chowder with Peppers</div> <div>Salad of the Day</div> <div>Brown Sugar Glazed Meat Loaf</div> <div>Yukon Gold Mashed Potatoes</div> <div>Savory Peas</div> <div>Choice of Bread & Butter or Margarine</div> <div>Coconut Cake</div> <div>Lemonade (No Sugar Added)</div> <div>Iced Tea</div> <div>Milk</div> <div>Skim Milk</div> <div>Coffee / Tea / Decaf</div> <div>Hot Chocolate</div>	<div>Cream of Broccoli Soup</div> <div>Salad of the Day</div> <div>Savory Roasted Pork Loin</div> <div>Herb Buttered Pasta</div> <div>Sauteéd Cabbage</div> <div>Choice of Bread & Butter or Margarine</div> <div>Peach Cobbler</div> <div>Lemonade (No Sugar Added)</div> <div>Iced Tea</div> <div>Milk</div> <div>Skim Milk</div> <div>Coffee / Tea / Decaf</div> <div>Hot Chocolate</div>	<div>Creamy Beet Soup</div> <div>Salad of the Day</div> <div>Braised Turkey Breast with Potatoes</div> <div>Roasted Broccoli</div> <div>Choice of Bread & Butter or Margarine</div> <div>Iced Pumpkin Cake</div> <div>Lemonade (No Sugar Added)</div> <div>Iced Tea</div> <div>Milk</div> <div>Skim Milk</div> <div>Coffee / Tea / Decaf</div> <div>Hot Chocolate</div>	<div>Garden Vegetable Soup</div> <div>Salad of the Day</div> <div>Southern Creamy Coleslaw</div> <div>Pub Style Fish & Chips</div> <div>Cherry Pineapple Cake</div> <div>Lemonade (No Sugar Added)</div> <div>Iced Tea</div> <div>Milk</div> <div>Skim Milk</div> <div>Coffee / Tea / Decaf</div> <div>Hot Chocolate</div>	<div>Parsnip Apple Soup</div> <div>Salad of the Day</div> <div>Baked Ham with Cider Glaze</div> <div>Baked Sweet Potato</div> <div>Seasoned Collard Greens</div> <div>Choice of Bread & Butter or Margarine</div> <div>Whipped Yogurt and Fruit Parfait</div> <div>Lemonade (No Sugar Added)</div> <div>Iced Tea</div> <div>Milk</div> <div>Skim Milk</div> <div>Coffee / Tea / Decaf</div> <div>Hot Chocolate</div>						
Lunch 11:30am-1pm	<div>Cheddar Cheese Soup</div> <div>Salad of the Day</div> <div>Polish Sausage with Peppers and Onions</div> <div>Oven Browned Potatoes</div> <div>Choice of Bread & Butter or Margarine</div> <div>Brownie</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>Sweet Potato Bisque</div> <div>Chickpea Salad</div> <div>Irish Stew</div> <div>Sautéed Zucchini with Onions</div> <div>Biscuit</div> <div>Chocolate Cream Pie</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>Tortilla Soup</div> <div>Chopped Kale Salad with Dressing</div> <div>Sautéed Shrimp</div> <div>Cilantro Rice</div> <div>Cantina Corn</div> <div>Churros</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>Tossed Salad with Dressing</div> <div>Fruit Ambrosia Salad</div> <div>Prime Rib Au Jus</div> <div>Breaded Shrimp with Cocktail Sauce</div> <div>Grilled Chicken Breast</div> <div>Baked Potato</div> <div>Whole Green Beans</div> <div>Southern Cheese Biscuit</div> <div>Frosted Cake</div> <div>Angel Food Cake</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>Sausage Bean Soup</div> <div>Tangy Cucumber and Red Grape Salad</div> <div>Pasta Alla Vodka</div> <div>Caesar Salad</div> <div>Breadstick with Butter or Margarine</div> <div>Pears with Raspberry Sauce</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>Classic French Onion Soup</div> <div>Couscous Salad with Vegetables</div> <div>Teriyaki Beef with Rice</div> <div>Basmati Rice</div> <div>Tandoori Cauliflower</div> <div>Bread or Roll with Butter or Margarine</div> <div>Apple Pie</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>White Bean Soup</div> <div>Feta Cranberry Lentil Salad</div> <div>Turkey Divan Casserole</div> <div>Honey Glazed Baby Carrots</div> <div>Choice of Bread & Butter or Margarine</div> <div>Chocolate Chip Cookie</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>						
	<div>Cheddar Cheese Soup</div> <div>Salad of the Day</div> <div>Polish Sausage with Peppers and Onions</div> <div>Oven Browned Potatoes</div> <div>Choice of Bread & Butter or Margarine</div> <div>Brownie</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>Sweet Potato Bisque</div> <div>Chickpea Salad</div> <div>Irish Stew</div> <div>Sautéed Zucchini with Onions</div> <div>Biscuit</div> <div>Chocolate Cream Pie</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>Tortilla Soup</div> <div>Chopped Kale Salad with Dressing</div> <div>Sautéed Shrimp</div> <div>Cilantro Rice</div> <div>Cantina Corn</div> <div>Churros</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>Tossed Salad with Dressing</div> <div>Fruit Ambrosia Salad</div> <div>Prime Rib Au Jus</div> <div>Breaded Shrimp with Cocktail Sauce</div> <div>Grilled Chicken Breast</div> <div>Baked Potato</div> <div>Whole Green Beans</div> <div>Southern Cheese Biscuit</div> <div>Frosted Cake</div> <div>Angel Food Cake</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>Sausage Bean Soup</div> <div>Tangy Cucumber and Red Grape Salad</div> <div>Pasta Alla Vodka</div> <div>Caesar Salad</div> <div>Breadstick with Butter or Margarine</div> <div>Pears with Raspberry Sauce</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>Classic French Onion Soup</div> <div>Couscous Salad with Vegetables</div> <div>Teriyaki Beef with Rice</div> <div>Basmati Rice</div> <div>Tandoori Cauliflower</div> <div>Bread or Roll with Butter or Margarine</div> <div>Apple Pie</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>	<div>White Bean Soup</div> <div>Feta Cranberry Lentil Salad</div> <div>Turkey Divan Casserole</div> <div>Honey Glazed Baby Carrots</div> <div>Choice of Bread & Butter or Margarine</div> <div>Chocolate Chip Cookie</div> <div>Assorted Ice Cream</div> <div>Milk</div> <div>Coffee / Tea / Decaf</div> <div>Skim Milk</div> <div>Iced Tea</div> <div>Lemonade (No Sugar Added)</div> <div>Hot Chocolate</div>						

SUNDAY, 1/14/2024		MONDAY, 1/15/2024	TUESDAY, 1/16/2024	WEDNESDAY, 1/17/2024	THURSDAY, 1/18/2024	FRIDAY, 1/19/2024	SATURDAY, 1/20/2024
Breakfast 7:30am-9am	<div>Waffles with Fruit Topping Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Breakfast Meat of Choice Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana</div> <div>Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk</div>	<div>Breakfast Sandwich Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana</div> <div>Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk</div>	<div>Buttermilk Pancakes Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Breakfast Meat of Choice Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana</div> <div>Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk</div>	<div>Scrambled Eggs Poached Egg Biscuit with Sausage Gravy Toast Donut English Muffin & Butter or Margarine Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana</div> <div>Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk</div>	<div>French Toast with Apples Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Breakfast Meat of Choice Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana</div> <div>Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk</div>	<div>Cream Cheese and Chive Omelet Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana</div> <div>Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk</div>	<div>Egg Any Style Scrambled Eggs Poached Egg Sticky Buns Toast Donut English Muffin & Butter or Margarine Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana</div> <div>Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk</div>
	<div>California Cream Soup Mixed Green Salad with Dressing Applesauce</div> <div>Chicken Paprika Gnocchi with Roasted Tomato Sauce Seasoned Zucchini Choice of Bread & Butter or Margarine</div> <div>Pecan Pie Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate</div>	<div>Southwestern Corn Soup Salad of the Day Applesauce</div> <div>Herb Roasted Pork Tenderloin Chateau Potatoes Seasoned Spinach Choice of Bread & Butter or Margarine</div> <div>French Apple Dessert Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate</div>	<div>Split Pea Soup Applesauce Salad of the Day</div> <div>Baked Cod with Panko Crust Braised Leeks Roasted Tomatoes Choice of Bread & Butter or Margarine</div> <div>Red Velvet Cake Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate</div>	<div>Five Onion Soup Applesauce Salad of the Day</div> <div>Zesty Roast Beef Red Bliss Potatoes Honey Glazed Baby Carrots Choice of Bread & Butter or Margarine</div> <div>Chocolate Coconut Bar Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate</div>	<div>Cream of Celery Soup Applesauce Salad of the Day</div> <div>Honey Glazed Turkey Breast Mashed Sweet Potatoes Seasoned Brussels Sprouts Choice of Bread & Butter or Margarine</div> <div>Blackberry Crisp Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate</div>	<div>Creamy Tomato Rice Soup Applesauce Salad of the Day</div> <div>Chicken Fettucine Alfredo Steamed Broccoli Florets Garlic French Bread</div> <div>Tiramisu Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate</div>	<div>Harvest Vegetable Soup Applesauce Salad of the Day</div> <div>Country Fried Steak Country Gravy Whipped Potatoes Cream Style Corn</div> <div>Pistachio Dessert Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate</div>
Dinner 4:30-6pm	<div>Beef Noodle Soup Salad of the Day</div> <div>Stuffed Green Pepper Charred Corn Salad Choice of Bread & Butter or Margarine</div> <div>Peach Shortcake Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate</div>	<div>Broccoli Swiss Soup Green Pea and Red Onion Salad</div> <div>Swedish Meatballs with Gravy Parslied Noodles Seasoned Green Beans Choice of Bread & Butter or Margarine</div> <div>Tapioca Pudding with Topping Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate</div>	<div>Minestrone Soup Chopped Salad with Dressing</div> <div>Baked Fish Fillet Rainbow Carrots</div> <div>Carrot Cake Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate</div>	<div>Smokey Potato Soup Blue Cheese Pear Salad</div> <div>Baked Chicken Thighs Rice Pilaf Peas and Pearl Onions Choice of Bread & Butter or Margarine</div> <div>Sugar Cream Pie Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate</div>	<div>Chicken Artichoke Soup House Salad with Dressing</div> <div>BBQ Country Style Ribs Au Gratin Potatoes Steamed Spinach Cornbread & Butter or Margarine</div> <div>White Texas Sheet Cake Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate</div>	<div>Mushroom Barley Soup Beet and Goat Cheese Salad</div> <div>Ginger Teriyaki Salmon Brown Rice Sauteéd Cabbage Choice of Bread & Butter or Margarine</div> <div>Lemon Bar Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate</div>	<div>Vegetable Soup Yellow Bean and Rapini Salad</div> <div>Chicken Pot Pie Topped with Puff Pastry Marinated Cauliflower with Crisp Greens Choice of Bread & Butter or Margarine</div> <div>Cherry Crumble Pie Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate</div>



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Fall/Winter 23-24

SUNDAY, 1/21/2024		MONDAY, 1/22/2024	TUESDAY, 1/23/2024	WEDNESDAY, 1/24/2024	THURSDAY, 1/25/2024	FRIDAY, 1/26/2024	SATURDAY, 1/27/2024
Breakfast 7:30am-9am	Egg Any Style Scrambled Eggs Poached Egg Biscuit with Country Gravy Toast Donut English Muffin & Butter or Margarine Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk	Potato Basil Scramble Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk	Egg Benedict on English Muffin Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk	Gingerbread Pancakes Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Breakfast Meat of Choice Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk	Sausage Egg Bake Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk	Belgian Waffle Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Breakfast Meat of Choice Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk	Scrambled Eggs Poached Egg Toast Donut English Muffin & Butter or Margarine Breakfast Scone & Cinnamon Honey Butter Fresh Seasonal Fruit Frosted Flakes, Raisin Bran, Cheerios, Cinn. Toast Crunch Bacon Fresh Banana Orange Juice Milk Coffee / Tea / Decaf Cranberry Juice Prune Juice Skim Milk
	Tomato Florentine Soup Apple Cranberry Salad Baked Ham Acorn Squash with Maple Butter French Cut Green Beans Choice of Bread & Butter or Margarine Pumpkin Pie with Topping Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate	Lentil Soup Salad of the Day Roasted Chicken Quarters Potato Medley Seasoned Green Peas Choice of Bread & Butter or Margarine S'Mores Dessert Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate	Corn Chowder Salad of the Day Coconut Crispy Chicken Tenders Potato Wedges Black Bean Salad Banana Cream Pie Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate	Meatball Soup Salad of the Day Four Cheese Ravioli Broccoli Florets Breadstick with Butter or Margarine Berry Cheesecake Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate	Carrot and Pear Soup Salad of the Day Moroccan Pork Chop Fruited Couscous Seasoned Green Beans Choice of Bread & Butter or Margarine Key Lime Pie Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate	Cream of Mushroom Soup Salad of the Day Baked Chicken with Peaches Roasted Root Vegetables Choice of Bread & Butter or Margarine Bread Pudding Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate	Chicken Gumbo Soup Salad of the Day Beef Taco Salad Choice of Bread & Butter or Margarine Fruits of the Forest Pie Choice of Beverage Lemonade (No Sugar Added) Iced Tea Milk Skim Milk Coffee / Tea / Decaf Hot Chocolate
Lunch 11:30am-1pm	Cheddar Cheese Soup Salad of the Day Turkey Cutlets with Walnuts and Sage Scalloped Potatoes Broccoli Spears Choice of Bread & Butter or Margarine Mandarin Orange Cake Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate	Egg Drop Soup Panzanella Salad Sweet and Sour Pork Garlic Ginger Edamame Mini Egg Rolls Milk Pudding with Salted Caramel Sauce Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate	Hearty Onion Soup Couscous Chickpea Salad Honey Pot Roast with Vegetable Gravy Buttermilk Mashed Potatoes Seasoned Baby Carrots Choice of Bread & Butter or Margarine Heavenly Fruit Salad Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate	Chicken Lentil Soup Spinach Salad with Vinaigrette Dressing Veal Parmesan with Tomato Sauce Macaroni and Cheese Grilled Zucchini Choice of Bread & Butter or Margarine Frosted Chocolate Cake Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate	Split Pea Soup with Ham BLT Salad Lemon Butter Baked Cod Orzo with Fresh Herbs Sautéed Fresh Spinach Choice of Bread & Butter or Margarine Frosted Cinnamon Brownie Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate	New England Clam Chowder Carrot Raisin Salad Spaghetti Bolognese Parmesan Crisp Parslied Fresh Cauliflower Garlic Bread Peanut Butter Coffee Cake Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate	California Cream Soup Cucumber Greek Salad Autumn Pork Loin Wild Rice Pilaf Honey Glazed Baby Carrots Choice of Bread & Butter or Margarine Fruit Strudel Assorted Ice Cream Milk Coffee / Tea / Decaf Skim Milk Iced Tea Lemonade (No Sugar Added) Hot Chocolate
	Dinner 4:30-6pm						