



The Village Voice

May 2019

Westminster Village Resident Spotlight



“Living alone became too much for me. A house is a house when you are alone in it – Westminster becomes your home. A+ for the personnel, they are great. My family doesn’t have to worry about me now that I am living at Westminster Village. So many conveniences are offered – nursing, housekeeping, maintenance, meals and entertainment – and old & new friends.” –Betty Kendall was born in 1916 on Valentine’s Day in Albany, IN. She has resided in Muncie since 1918, except for the 15 years in Birmingham, MI,

during the last 15 years of her husband’s (Thomas Kendall) long career with General Motors. Betty has lived at Westminster for 6 years. She served on the first Westminster Board of Directors in the late ‘70’s, and is happy to be a resident. Betty states that she has a life-long connection to Ball State University, ever since she attended in 1933, when there were only 1,500 students. Betty graduated from Ball State in 1938 and has been a devoted alumna ever since and today still attends many events on campus. She is proud of Ball State and comments that it has been a joy to see the university grow. She is a die-hard Ball State fan – Chirp Chirp!

CCRC Living – Fact vs Myth

Myth: *“A CCRC is the same as a Nursing Home.”*

Fact: No, a Continuing Care Retirement Community is not a nursing home, but a nursing home is an important part of the benefits of living at in a CCRC. Westminster Village offers residential living in apartments, Assisted Living, Rehab-to-Home, AND Skilled nursing care in our Health Center, all on 65 beautifully landscaped acres. Westminster has consistently high-quality ratings that reflect our commitment to providing the best care for our residents, whether it is for a short-term rehab, long-term skilled care, or follow-up after a hospital stay. One of the biggest benefits of retirement living

at a CCRC, such as Westminster, is that if one of our residents ever needs long-term care in our Health Center, they are assured of a bed by virtue of being a resident of our community. Individuals who wish to receive the quality care provided by Westminster and who are not residents of our CCRC may find that there are no openings at our skilled nursing center and they may need to look elsewhere for skilled care, which can be very stressful during times of a health care crisis.



The Story of the Boyce Block

The E.B. and Bertha C. Ball Center presents "The Story of the Boyce Block," on Wednesday, May 1st, at 2:00 pm. Built in 1880, the



Boyce Block is a two-story structure has been home to many things over the years, and currently it serves as the home to the Muncie Civic Theatre. Come and learn about one of the oldest civic theatres in the state, as Laura Williamson, Executive Director of Muncie Civic Theatre and Leigh Carter Edwards, Past Board President, Muncie Civic Theatre, weaves the history of the theatre, which is in its 88th Season.

The Survivor Voices Choir

The Survivor Voices, the East Central Indiana Choir of cancer survivors, will perform at Westminster on Tuesday, May 7th, at 7:00 pm.

The group was founded by IU Health/Ball Memorial Hospital



Oncologist, Michael Williamson and his wife, Laura. The choir's focus is on sharing a message of encouragement and hope through music.

Friends of the Orchestra MSO and YSOECI

Please join *selected* members of the Muncie Symphony Orchestra string section and Youth Symphony Orchestra of East Central Indiana for a *side-by-side performance*

on Sunday, May 19th at 7:00pm, for an evening of chamber music with works by Bach, Piazzolla, and more. YSOECI brings together young musicians from



Delaware and surrounding counties to provide weekly orchestral experiences specifically tailored for



students ages 5 to 18. This project is supported in part by the Nationals Endowment for the Arts.

Visit www.arts.gov

Fall Prevention Wellness Event

On Wednesday, May 15th, Paragon Therapy will conduct a *Gait and Balance Assessment Falls Prevention Program* provided by VirtuSense Technologies. Identify and learn

how to reduce your risk of falls through, a No Cost, quick 5 minute, evidence-

based functional computerized virtual assessment. Also, learn about the CooperVista State-of-the-Art Rehab Gym offering Physical, Occupational, Speech, Outpatient and Lymphedema Therapy.

Westminster



Residents only in Legacy Commons at 10:00 am – 12:00 pm. and the public will come to CooperVista Rehab from 12:30 pm – 2:30 pm. For best results with screening, please



no dresses, skirts or black pants. If you have any questions, call Westminster Village and ask for *CooperVista*

Rehab Gym for information. Come out and enjoy free snacks & prizes!

*All programs will be in Legacy Commons Event Hall.

Visit wvmuncie.com for more information and additional events. Contact Tyler or Melody for a tour and have lunch on us! Give them a call at 765-288-2155.

