# Fall Menus 2019 - Week 1

| Saturday: 9-28-19 | Sunday: 9-29-19 | Monday: 9-30-19 | Tuesday: 10-1-19 | Wed.: 10-2-19 | Thursday: 10-3-19 | Friday: 10-4-19 |
|---|---|---|---|---|---|---|
| **Special Breakfast** | | | | | | |
| French Toast | Scone w/ Yogurt | Muffin & Fruit | Breakfast Platter | Casserole | Fried Mush | Biscuits & Gravy |
| **LUNCH** | | | | | | |
| Mushroom Cream Soup | Dutchess Soup | Lentil Soup | Chicken & Rice Soup | Tomato Cream Soup | Potato Cream Soup | Vegetable Soup |
| Tomato & Onion Salad | Greek Salad | Pasta Salad | Side Salad | Macaroni Salad | Relishes & Dip | Sunset Yogurt Salad |
| **Chicken Pot Pie** | **Meatloaf** | **Ham Quiche** | **Chili Con Carne** | **Grilled Cheese** | **Turkey Sandwich** | **Reuben Sandwich** |
| **Hamburger** | **Dill Salmon Filet** | **Italian Chicken Sub** | **Tuna Salad** | **Sloppy Joe** | **Beef Taco Salad** | **Baked Fish** |
| Potato Chips | Loaded Potato | Vegetable Blend | Kettle Chips | Beets or Veg Blend | Vegetable Blend | Mac n' Cheese |
| Broccoli | Green & Gold Beans | Buttered Potatoes | Baby Carrots | Sweet Potato Tots | Doritos | Peas or Wax Beans |
| Banana Bread | Ice Cream | Cinnamon Apples | Jumbo Cookie | Pineapple Upside Down | Macadamia Cookies | Mint Chip Ice Cream |
| Fruited Jello | Cherry Pie | Vanilla Pudding | Orange Wedges | Peach Puree | Tropical Fruit | Mandarin Oranges |
| **DINNER** | | | | | | |
| Squash & Pear Ginger Soup | French Onion Soup | Tomato Cream Soup | Minestrone Soup | Egg Drop Soup | Cabbage Soup | Corn Chowder |
| Salad/Cranberry Sauce | 7-Up Salad | Waldorf Salad | Mixed Green Salad | Pea Salad | Tossed Salad | Coleslaw |
| **Baked Ham** | **Autumn Salad** | **Cherry Chicken** | **Spaghetti** | **Chicken Stir Fry** | **Ham/Potato Mix** | **Turkey Manhattan** |
| **Turkey Pot Roast** | **Coney Dog** | **Pork Chop** | **Roast Beef** | **Mango Tilapia** | **Marinated Chicken** | **Honey BBQ Ribs** |
| Green Bean Casserole | Spinach | Cauliflower Supreme | Mashed Potatoes | Fried Rice | French Green Beans | Grilled Asparagus |
| Baked Sweet Potato | French Fries | Whipped Potatoes | Broccoli & Cheese | Whipped Potatoes | Whipped Potatoes | Cheesy Baked Potato |
| Butterscotch Cake | P. Butter Cookies | Ice Cream | Caramel Brownie | Green Beans | Ice Cream | Blackberry Pie |
| Fresh Fruit | Sliced Pears | Peach Cobbler | Mixed Fruit | Homestyle Apple Pie | Peanut Butter Bar | Ice Cream |

# Fall Menus 2019 - Week 2

| Saturday: 10-5-19 | Sunday: 10-6-19 | Monday: 10-7-19 | Tuesday: 10-8-19 | Wed.: 10-9-19 | Thursday: 10-10-19 | Friday: 10-11-19 |
|---|---|---|---|---|---|---|
| **Special Breakfast** | | | | | | |
| Cinnamon Roll | French Toast | Scone & Yogurt | Muffin & Fruit | Breakfast Platter | Casserole | Fried Mush |
| **LUNCH** | | | | | | |
| Garden Chili Soup | Vegetable Soup | Asparagus Cream Soup | Broccoli Cream Soup | Chicken Noodle Soup | Wild Rice Soup | Tomato Biqsue Soup |
| Carrot Raisin Salad | House Salad | Orange Sherbet Salad | Potato Salad | Side Salad | Tossed Salad | Broc/Califlower Mix |
| **Ham & Cheese Potato** | **Broasted Chicken** | **Beef Pot Pie** | **Turkey Chef Salad** | **Crockpot Pizza** | **Chili Meatballs** | **Chipped Beef on Biscuit** |
| **Roast Beef Sandwich** | **Pork Tenderloin** | **Shrimp & Noodles** | **Pulled Pork Sand** | **Turkey Burger** | **Fruit Plate & Muffin** | **Turkey Club** |
| Broccoli Poppers | Mashed Potatoes | Wax Beans | Potato Chips | Brussel Sprouts | Broccoli | Broasted Potatoes |
| Green Beans | Green & Gold Beans | Mushrooms | Spinach | Onion Rings | Scalloped Potatoes | Sugar Snap Peas |
| Chocolate Pudding | Butterfinger Cake | Sugar Cookie | Lime Fluff | Butterscotch Pudding | Mini Cream Puffs | Moose Tracks |
| Fruit of the Day | Ice Cream | Apricots | Sliced Pears | Fresh Grapes | Fruited Jello | Banana |
| **DINNER** | | | | | | |
| Zucchini Cream Soup | Cheesy Carrot Soup | Savory Lentil Soup | Split Pea Soup | Chili Soup | Creamy Celery Soup | Chicken Veg Soup |
| Side Salad | Yogurt Salad | Side Salad | Three Bean Salad | Creamy Coleslaw | Oriental Salad | Mixed Green Salad |
| **Salisbury Steak** | **Breakfast Casserole** | **Pork Chop** | **Baked Pollock** | **Peachy Pork Chop** | **Crab Cakes** | **Sirloin Beef Tips** |
| **Lasagna** | **Hamburger** | **Chicken Parmesan** | **Hamloaf** | **Swiss Steak** | **BBQ Braised Chicken** | **White Fish** |
| Vegetable Blend | Tater Tots | Mashed Potatoes | Whipped Potatoes | Mashed Potatoes | Mashed Potatoes | Carrots |
| Whipped Potatoes | Carrots | Venetian Veg Blend | Scandinavian Blend | Vegetable Blend | Green Beans | Whipped Potatoes |
| Pecan Pie | Pineapple Tidbits | Black Forest Cake | Orange Beets | Orange Bread | Sugar Cream Pie | Buttered Noodles |
| Diet Cheesecake | M & M Cookie | Diet Chocolate Cake | Pumpkin Bar | Peaches | Vanilla Pudding | Caramel Apple Pie |

# Fall Menus 2019 - Week 3

| Saturday: 10-12-19 | Sunday: 10-13-19 | Monday: 10-14-19 | Tuesday: 10-15-19 | Wed.: 10-16-19 | Thursday: 10-17-19 | Friday: 10-18-19 |
|---|---|---|---|---|---|---|
| **Special Breakfast** | | | | | | |
| Biscuits & Gravy | Cinnamon Roll | French Toast | Scone & Yogurt | Muffin & Fruit | Breakfast Platter | Casserole |
| **LUNCH** | | | | | | |
| Cheese&Carrot Soup | Cauliflower Soup | Cheesy Jack Soup | Wild Rice Soup | Lucky Bean Soup | Taco Twist Soup | Broccoli Cream Soup |
| Jellied Fruit Salad | House Salad | Tossed Salad | Fiesta Peach Salad | Tomato/Cot Cheese | Relish Plate w/ Dip | Cran Apple Mold |
| **Maui Chicken Sand** | **BBQ Pork Ribs** | **Chili** | **BBQ Brisket Sand** | **Hot Turkey Salad** | **Fish Sandwich** | **Chicken Lasagna** |
| **Three Cheese Pasta** | **Chicken Noodles** | **Tuna Melt** | **Fajita Chicken Salad** | **General Tso's Chix** | **Beef & Bean Bake** | **Philly Sandwich** |
| Corn or Spinach | Baked Beans | Vegetable Blend | Spiced Red Cabbage | Beets or Peas | Mac 'n' Cheese | Prince Charles Blend |
| French Fries | Mashed Potatoes | Potato Chips | Onion Chips | French Fries | Brussel Sprouts | Corn Casserole |
| Apple Slices | Cream Puffs | Cornbread | Butter Beans | Apple Crisp | Hushpuppies | Vanilla Ice Cream |
| Cookies | Mandarin Oranges | Oatmeal Scotchie | Pumpkin Ice Cream | Stewed Cinn Apples | Fruited Jello | Apricot Halves |
| **DINNER** | | | | | | |
| Tortellini Veg Soup | Vegetable Soup | Stuffed Pepper Soup | Creamy Potato Soup | Salmon Chowder | Butternut Cream Soup | Bean & Ham Soup |
| House Salad | Creamy Fruit Salad | Spinach Salad | Penne Pasta Salad | Italian Salad | House Salad | Mixed Green Salad |
| **Meatloaf** | **Hamburger Quiche** | **Baked Ham** | **Mango Pork** | **Crab Cakes** | **Egg Plant Parm** | **Pork Chop** |
| **Turkey & Gravy** | **Fish Sandwich** | **Cabbage Rolls** | **Pepper Steak** | **Roast Beef** | **Chopped Sirloin** | **Baked Tilapia** |
| Whipped Potatoes | Stewed Tomatoes | Broccoli Two Ways | Whipped Potatoes | California Blend | Italian Vegetables | Broccoli & Carrots |
| Zucchini & Tomatoes | Roasted Cauliflower | Sweet Potatoes | Carrots or Rice | Redskin Potatoes | Whipped Potatoes | Couscous |
| Green Beans | Chocolate Mousse | Bread Pudding | Pistachio Pudding | Boston Cream Pie | Ice Cream | Cherry Chocolate Pie |
| Pumpkin Bread | Fresh Fruit | Angel Food Cake | Diced Peaches | Fruit Cocktail | Cheesecake Brownie | Ice Cream |

# Fall Menus 2019 - Week 4

| Saturday: 10-19-19 | Sunday: 10-20-19 | Monday: 10-21-19 | Tuesday: 10-22-19 | Wed.: 10-23-19 | Thursday: 10-24-19 | Friday: 10-25-19 |
|---|---|---|---|---|---|---|
| **Special Breakfast** | | | | | | |
| Fried Mush | Biscuits & Gravy | Cinnamon Roll | French Toast | Scone & Yogurt | Muffin & Fruit | Breakfast Platter |
| **LUNCH** | | | | | | |
| Minestrone Soup | French Onion Soup | Cream of Tomato Soup | Potato Corn Chowder | Bean & Sausage Soup | Chicken Rice Soup | Italian Pasta Soup |
| Water Gate Salad | Tossed Salad | Cherry Salad | House Salad | Broc/Cauliflower Mix | Berry Yogurt Salad | Macaroni Salad |
| **Turkey Chef Salad** | **Lemon Salmon** | **Pork & Pea Pods** | **Baked Ziti** | **Beef Manhattan** | **Sweet Chicken Sand** | **Cod Scampi** |
| **3 Cheese Calzone** | **Broasted Chicken** | **Grilled Cheese** | **American Hamburger** | **3 Cheese Salad** | **Pepperoni Pizza** | **BBQ Pork Potato** |
| California Blend | Mashed Potatoes | Carrots | Breaded Mushrooms | Whipped Potatoes | Buttered Peas | Breaded Zucchini |
| Onion Rings | Green B. Casserole | Sweet Potato Fries | Broccoli | Okra Medley | Baked Chips | Parmesan Orzo |
| Fruit Bread | Cauliflower | Macaroon Cookie | Molasses Cookie | Apricot Rice Pudding | Frudgy Brownie | Peppermint Parfait |
| Peaches | Strawberry Cake | Mandarin Oranges | Banana | Pineapple Tidbits | Grapes | Fruit Mix |
| **DINNER** | | | | | | |
| Mushroom Cream Soup | Cheese&Carrot Soup | Southern Garden Soup | Texas Turkey Soup | Gumbo Soup | Cream of Carrot Soup | Hearty Lentil Soup |
| House Salad | Assorted Relishes | Deviled Eggs | Peach Salad | House Salad | House Salad | Mixed Green Salad |
| **Butterfly Shrimp** | **BLT Sandwich** | **Roast Beef** | **Sausage & Potatoes** | **Glazed Pork Chop** | **Tangy Pot Roast** | **Chicken Cordon Bleu** |
| **Salisbury Steak** | **Sunday Casserole** | **Lo Mein Garlic Chix** | **Baked White Fish** | **Stuffed Pepper** | **Turkey Breast** | **Spaghetti** |
| Whipped Potatoes | Hash Brown | Mixed Vegetables | Au Gratin Cabbage | Scalloped Potatoes | Wax Beans | Corn & Carrots |
| Royal Vegetable Blend | Spinach | Brussel Sprouts | Green Beans | Beets | Whipped Potatoes | Whipped Potatoes |
| Pumpkin Pie | Ice Cream | Coffee Cake | Boston Cream Pie | Cinnamon Pears | Pumpkin Roll | Apple Pie |
| Fruit of the Day | Lemon Chiffon | Ice Cream | Vanilla Pudding | Angel Food Cake | Mixed Fruit | Ice Cream |

# Fall Menus 2019 - Week 5

| Saturday: 10-26-19 | Sunday: 10-27-19 | Monday: 10-28-19 | Tuesday: 10-29-19 | Wed.: 10-30-19 | Thursday: 10-31-19 | Friday: 11-1-19 |
|---|---|---|---|---|---|---|
| **Special Breakfast** | | | | | | |
| Casserole | Fried Mush | Biscuits & Gravy | Cinnamon Roll | French Toast | Scone & Yogurt | Muffin & Fruit |
| **LUNCH** | | | | | | |
| Zucchini Cream Soup | Tomato Bisque Soup | Santa Fe Cheese Soup | Southwest Soup | Onion Beef Soup | Creamy Celery Soup | Beef Cabbage Soup |
| Artichoke Dip | 3 Green Salad | Mixed Green Salad | Relishes & Dip | House Salad | Relish Plate | Pasta Salad |
| **Beef & Swiss** | **Turkey Breast** | **Tuna Noodle Casserole** | **Vegetable Lasagna** | **Turkey Salad Plate** | **Sloppy Joe Sandwich** | **Hot Crab Salad** |
| **Popcorn Shrimp** | **Roast Beef Au Jus** | **Meatloaf** | **Beef Gryo Sandwich** | **Chicken Burrito** | **Chicken Wings** | **Pork Fritter** |
| Green Beans | Mashed Potatoes | Peas | Baby Carrots | French Fries | Mac n' Cheese | Biased Carrots |
| Steak Fries | Apples & Sweet Potatoes | Redskin Potatoes | Corn Nuggets | Refried Beans | Mixed Vegetables | Multi-Grain Chips |
| Five Layer Bar | Carrot Cake | Pumpkin Fudge | Chocolate Chip Cookie | Mini Cream Puffs | Pumpkin Brownie | Peanut Butter Cookie |
| Fruited Jello | Diced Pears | Grapes | Pineapple Tidbits | Vanilla Pudding | Banana | Apriots |
| **DINNER** | | | | | | |
| Turkey Meatball Soup | Broccoli Rice Soup | Tortellini Veg Soup | Chicken Velvet Soup | Pumpkin Chili | Chicken & Noodle Soup | Split Pea Soup |
| House Salad | Tossed Salad | Bean & Cucumber Mix | Coleslaw | House Salad | Cucumbers & Tomatoes | Mixed Green Salad |
| **Salisbury Steak** | **Egg Salad Sandwich** | **BBQ Jack Chicken** | **Flounder** | **Beef & Noodles** | **Ham & Beans** | **Roast Beef** |
| **Ham Dinner** | **Pork & Pasta** | **Sausage & Potatoes** | **Stuffed Pork Chop** | **Pizza** | **Cube Steak** | **Fettucine Alfredo** |
| Corn or Broccoli | Stewed Tomatoes | Sweet & Sour Beans | Asparagus or Beets | Butternut Squash | Fried Potatoes | Broccoli Florets |
| Whipped Potatoes | Spinach | Venetian Veg Blend | Whipped Potatoes | Garlic Green Beans | Key West Blend | Corn Salsa |
| Pecan Pie | Banana Layer Cake | Mashed Potatoes | Ice Cream | Sugar Cream Pie | Oreo& Vanilla Pudding | Rhubarb Squares |
| Mandarin Oranges | Pineapple Tidbits | Cherry Cheesecake | Walnut Cake | Fig Newtons | Peaches | Cinnamon Apples |