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</table>

**Week 1 Special Breakfast**

- Pancakes & Sausage
- Casserole
- Fried Mush
- Biscuits & Gravy
- Cinnamon Roll
- French Toast
- Scone & Yogurt

**Winter Menus 2019 - Week 1**
**Winter Menus 2019 - Week 2**

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<td>Chicken Veg Soup</td>
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<td>Spicy Applesauce</td>
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<td>Popcorn Shrimp</td>
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<td>Hamloaf</td>
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**Special Breakfast**

- Muffin & Fruit
- Pancakes & Sausage
- Casserole
- Fried Mush
- Biscuits & Gravy
- Cinnamon Roll
- French Toast
### Winter Menus 2019 - Week 3

**Saturday: 1-11-20**  
Scone & Yogurt  
White Bean Chili  
Teriyaki Skewers  
Golden Chowder  
Jellied Fruit Salad  
Maui Chicken Sandwich  
Three Cheese Pasta  
Corn  
Green Beans  
Apple Slices  
Peanut Butter Cookies  

**Sunday: 1-12-20**  
Muffin & Fruit  
Cranberry Sauce  
Lentil Soup  
Mandarin Oranges  
Cran Apple Mold  

**Monday: 1-13-20**  
Pancakes & Sausage  
Country Veg Soup  
Chili  
Meatloaf  
Rice or Veg Blend  
Banana Cake  
Mashed Potatoes  
Onion Chips  
Baked Beans  
Asparagus  
House Salad  
Waldorf Salad  
Harvest Chowder  
Chicken Casserole  
Breakfast Casserole  
Butterscotch Pudding  
Chocolate Chip Cake  
Pistachio Pudding  

**Tuesday: 1-14-20**  
Casserole  
Wild Rice Soup  
Peach Salad  
Reuben  
Fajita Chicken Salad  
Broccoli  
Sausage & Egg Sub  
Sugar Snap Peas  
Apple Crisp  
Peanut Butter Cookies  
Mediterranean Soup  
Pork Tenderloin  
Tilapia 2 Ways  
Butter Beans  
Ice Cream Dessert  
Diet Stewed Apples  

**Wed.: 1-15-20**  
Fried Mush  
Turkey Tetrazzini  
Harvard Beets  
Butter Beans  
Ice Cream Dessert  

**Thursday: 1-16-20**  
Buscuits & Gravy  
Cranberry Sauce  
House Salad  
BBQ Ribs  
Breakfast Casserole  
Cola Baked Ham  
Pork Chop  
White Fish  
House Salad  
Roast Beef  
Chopped Sirloin  
Diet Chocolate Cake  

**Friday: 1-17-20**  
Cinnamon Roll  
Southwest Soup  
Nacho Bake  
Rice or Veg Blend  
Whipped Potatoes  
Green Blend  
Baked Beans  
Asparagus  
Black Bottom Cupcake
# Winter Menus 2019 - Week 4

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<td>Muffin &amp; Fruit</td>
<td>Pancakes &amp; Sausage</td>
<td>Casserole</td>
<td>Fried Mush</td>
<td>Biscuits &amp; Gravy</td>
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## LUNCH

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<th>Baked Ham</th>
<th>Coconut Chicken</th>
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<th>Cauliflower</th>
<th>Strawberry Jello Cake</th>
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## DINNER

### Winter Menus 2019 - Week 5

**Saturday: 1-25-20**
- Zucchini Cream Soup
- Turkey Potato Soup
- Chicken Velvet Soup
- Chili Soup
- Turkey Breast
- Roast Beef Au Jus
- Whipped Potatoes
- Asparagus Cuts
- Redskin Potatoes
- Cookies
- Grapes
- Cookies
- Yogurt
- Cream Puffs
- Reese's Cookies
- Fruit of the Day

**Sunday: 1-26-20**
- Tomato Basil Soup
- Turkey Potato Soup
- Chicken Velvet Soup
- Chili Soup
- Beef & Swiss
- Turkey Breast
- Tuna Melt w/ Tomato
- Meatloaf
- Asparagus Cuts
- Redskin Potatoes
- Cookies
- Grapes
- Cookies
- Yogurt
- Cream Puffs
- Reese's Cookies
- Fruit of the Day

**Monday: 1-27-20**
- Tomato Basil Soup
- Turkey Potato Soup
- Chicken Velvet Soup
- Chili Soup
- Beef & Swiss
- Turkey Breast
- Tuna Melt w/ Tomato
- Meatloaf
- Asparagus Cuts
- Redskin Potatoes
- Cookies
- Grapes
- Cookies
- Yogurt
- Cream Puffs
- Reese's Cookies
- Fruit of the Day

**Tuesday: 1-28-20**
- Tomato Basil Soup
- Turkey Potato Soup
- Chicken Velvet Soup
- Chili Soup
- Beef & Swiss
- Turkey Breast
- Tuna Melt w/ Tomato
- Meatloaf
- Asparagus Cuts
- Redskin Potatoes
- Cookies
- Grapes
- Cookies
- Yogurt
- Cream Puffs
- Reese's Cookies
- Fruit of the Day

**Wed.: 1-29-20**
- Tomato Basil Soup
- Turkey Potato Soup
- Chicken Velvet Soup
- Chili Soup
- Beef & Swiss
- Turkey Breast
- Tuna Melt w/ Tomato
- Meatloaf
- Asparagus Cuts
- Redskin Potatoes
- Cookies
- Grapes
- Cookies
- Yogurt
- Cream Puffs
- Reese's Cookies
- Fruit of the Day

**Thursday: 1-30-20**
- Tomato Basil Soup
- Turkey Potato Soup
- Chicken Velvet Soup
- Chili Soup
- Beef & Swiss
- Turkey Breast
- Tuna Melt w/ Tomato
- Meatloaf
- Asparagus Cuts
- Redskin Potatoes
- Cookies
- Grapes
- Cookies
- Yogurt
- Cream Puffs
- Reese's Cookies
- Fruit of the Day

**Friday: 1-31-20**
- Tomato Basil Soup
- Turkey Potato Soup
- Chicken Velvet Soup
- Chili Soup
- Beef & Swiss
- Turkey Breast
- Tuna Melt w/ Tomato
- Meatloaf
- Asparagus Cuts
- Redskin Potatoes
- Cookies
- Grapes
- Cookies
- Yogurt
- Cream Puffs
- Reese's Cookies
- Fruit of the Day

### Special Breakfast
- Cinnamon Roll
- French Toast
- Scone w/ Yogurt
- Muffin & Fruit
- Pancakes & Sausage
- Casserole
- Fried Mush

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### LUNCH

**Zucchini Cream Soup**
- House Salad
- Deluxe Salad
- Roast Beef
- Butterscotch Cake
- Sweet Potato Casserole
- Royal Veg Blend
- Butterscotch Cake
- Sweet Potato Casserole

**Loaded Potato**
- Turkey Potato Soup
- Turkey Melt w/ Tomato
- Meatloaf
- Asparagus Cuts
- Redskin Potatoes
- Cookies
- Grapes
- Asparagus Cuts
- Redskin Potatoes
- Cookies
- Grapes

**Green & Gold Beans**
- Country Sausage Soup
- Flounder 2 Ways
- Pork Chop
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

**California Blend**
- Egg Drop Soup
- Country Sausage Soup
- Flounder 2 Ways
- Pork Chop
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

**5 Layer Bar**
- Saliabury Steak
- Egg Salad Sandwich
- Monterey Chicken
- Sesame Beef & Rice
- Breakfast Platter
- Split Pea Soup
- Mixed Green Salad
- Baked Spaghetti
- Sliced Beef Gyro

**Fruited Jell-O**
- Vegetable Soup
- Cranberry/Apple Salad
- Mac 'n Cheese
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

**French Toast**
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate

**Scone w/ Yogurt**
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate

**Muffin & Fruit**
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate

**Pancakes & Sausage**
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate

**Casserole**
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
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- Relish Plate
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- Relish Plate

**Fried Mush**
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate
- House Salad
- Relish Plate

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### DINNER

**Minestrone Soup**
- Relish Plate
- House Salad
- Cranberry/Apple Salad
- Mac 'n Cheese
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

**Relish Plate**
- Vegetable Soup
- Cranberry/Apple Salad
- Mac 'n Cheese
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

**Saliabury Steak**
- Vegetable Soup
- Cranberry/Apple Salad
- Mac 'n Cheese
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

**Popcorn Shrimp**
- Vegetable Soup
- Cranberry/Apple Salad
- Mac 'n Cheese
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

**Carrots or Rice**
- Vegetable Soup
- Cranberry/Apple Salad
- Mac 'n Cheese
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

**Mashed Potatoes**
- Vegetable Soup
- Cranberry/Apple Salad
- Mac 'n Cheese
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

**Apple Dumpling**
- Vegetable Soup
- Cranberry/Apple Salad
- Mac 'n Cheese
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

**Cinnamon Apples**
- Vegetable Soup
- Cranberry/Apple Salad
- Mac 'n Cheese
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake
- Buttered Peas or Beets
- Whipped Potatoes
- Ice Cream
- Walnut Cake

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### Desserts

**Fruit**
- Cinnamon Roll
- French Toast
- Scone w/ Yogurt
- Muffin & Fruit
- Pancakes & Sausage
- Casserole
- Fried Mush

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**Relishes & Dip**
- Bing Cherry Mold
- House Salad
- Deluxe Salad
- House Salad
- Deluxe Salad
- House Salad
- Deluxe Salad
- House Salad
- Deluxe Salad
- House Salad

**Bing Cherry Mold**
- House Salad
- Deluxe Salad
- House Salad
- Deluxe Salad
- House Salad
- Deluxe Salad
- House Salad
- Deluxe Salad
- House Salad
- Deluxe Salad

**House Salad**
- Deluxe Salad
- House Salad
- Deluxe Salad
- House Salad
- Deluxe Salad
- House Salad
- Deluxe Salad
- House Salad
- Deluxe Salad
- House Salad

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**Supplementary Items**
- Carrots or Rice
- Vegetable Blend
- Onion Chips
- Banana Dessert
- Pineapple Tidbits
- Carrots or Rice
- Vegetable Blend
- Onion Chips
- Banana Dessert
- Pineapple Tidbits

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**Diet Pumpkin Pie**
- Cinnamon Apples
- Pineapple Tidbits
- Praline Bread Pudding
- Fig Newton's
- Oreo&Vanilla Pudding

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**Fig Newton's**
- Cinnamon Apples
- Pineapple Tidbits
- Praline Bread Pudding
- Fig Newton's
- Oreo&Vanilla Pudding

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**Pears**
- Cinnamon Apples
- Pineapple Tidbits
- Praline Bread Pudding
- Fig Newton's
- Oreo&Vanilla Pudding

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**Vanilla Ice Cream**
- Cinnamon Apples
- Pineapple Tidbits
- Praline Bread Pudding
- Fig Newton's
- Oreo&Vanilla Pudding

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**Apricots**
- Cinnamon Apples
- Pineapple Tidbits
- Praline Bread Pudding
- Fig Newton's
- Oreo&Vanilla Pudding