



October

Heath Center Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>***Activities Subject to Change*** Daily Challenges, Grab & Go Crafts, and Other Activity Supplies are Located in The Main Lounge Morning Exercises, Movies, Musical Entertainment, and Informative Programs May Be Viewed on Channel 5 (Currently experiencing intermittent technical issues.) You may view annual survey books on Devon Court, The Play Court, The Garden Room, and the Main Library WP- Weather Permitting .</p>						
				<p>1 9:30 October is a "Hoot" Craft 10:30 All About Owls 1:00 Bingo- Abbey 3:00 Mail & Drop Ins</p>	<p>2 9:00 Puzzle Fun 9:30 Exercise 10:00 October in History 2:00 Snack Cart 3:00 Mail & Drop Ins</p>	<p>3 9:30 Drop Ins 10:00 Daily News 1:00 Nail Painting 3:00 Mail & Drop Ins</p>
<p>4 8:00 St. Lawrence Catholic Church Livestream CH 5 9:00 1:1 Devotional Reading and Sunday Brain Teaser 1:00 Uno Card Game</p>	<p>5 9:00 Reading Refresh 9:30 Morning Exercise 10:30 Childhood Fun 1:00 Pumpkin Milkshakes 3:00 Drop Ins & Mail</p>	<p>6 10:00 Beverage Cart 10:30 Garden Time- Sprouting Avocados 1:00 Rock Painting 3:00 Mail & Drop Ins</p>	<p>7 9:00 Morning News 10:00 October Bulletin Boards 1:00 Outdoor Walks WP 2:00 Fall Flower Arranging 3:00 Mail & Drop Ins</p>	<p>8 9:30 1:1 Resident Council Meeting 1:00 Bingo- Abbey 2:00 Vitamin C is for U Cart 3:00 Mail & Drop Ins</p>	<p>9 9:00 Puzzle Fun 9:30 Exercise 10:00 On The Road: James Whitcomb Riley 1:00 Apple Cider & Popcorn Cart 3:00 Mail & Drop Ins</p>	<p>10 10:00 Drop-Ins 11:00 Riddle Fun 1:00 Outdoor Walks WP 3:00 Mail & Drop Ins</p>
<p>11 9:00 1:1 Devotional Reading and Sunday Brain Teaser 10:00 First Presbyterian Muncie Livestream CH 5 1:00 Crazy 8s Card Game</p>	<p>12 9:00 Reading Refresh 9:30 Morning Exercise 10:30 Musical Moment 1:00 Bocce Ball 3:00 Mail & Drop Ins</p>	<p>13 10:00 Beverage Cart 10:30 Garden Time- Berry Bird Seed Bird Feeders 1:00 1:1 Dominoes 3:00 Mail & Drop Ins</p>	<p>14 9:00 Morning News 10:00 Morning Stretch 10:45 Our Daily Bread 1:00 Salt Dough Leaves 3:00 Mail & Drop Ins</p>	<p>15 9:30 Popsicle Stick Collage 10:45 1:1 Cards 1:00 Bingo-Abbey 2:00 Painting Salt Dough Leaves 3:00 Mail & Drop Ins</p>	<p>16 9:00 Puzzle Fun 9:30 Exercise 10:00 Morning News 1:00 Outdoor Walks WP 2:00 An Apple A Day Cart 3:00 Mail & Drop Ins</p>	<p>17 9:30 Drop Ins 10:00 Crafting with Abby 1:00 Dominoes 3:00 Mail & Drop Ins</p>
<p>18 9:00 1:1 Devotional Reading and Sunday Brain Teaser 10:00 Westminster Presbyterian Livestream CH 5 1:00 Rummy Card Game</p>	<p>19 9:00 Reading Refresh 9:30 Morning Exercise 10:30 Musical Moment 1:00 Popsicle Stick Collage Continued 3:00 Mail & Drop Ins</p>	<p>20 10:00 Beverage Cart 1:00 1:1 Dominoes 3:00 Mail & Drop Ins</p>	<p>21 9:00 Morning News 10:00 Morning Stretch 1:00 Halloween Door Hanger 3:00 Mail & Drop Ins</p>	<p>22 9:00 Paint by Number Owls 10:45 1:1 Cards 1:00 Bingo-Abbey 3:00 Mail & Drop Ins</p>	<p>23 9:00 Puzzle Fun 9:30 Exercise 1:00 Nail Painting 2:00 Snack Cart 3:00 Mail & Drop Ins</p>	<p>24 10:00 Drop-Ins 1:00 Pumpkin Patch Cart 3:00 Mail & Drop Ins</p>
<p>25 9:00 1:1 Devotional Reading & Puzzles 10:00 First Presbyterian Muncie Livestream CH 5 1:00 Uno Card Game 2:00 Send a Card to a Friend</p>	<p>26 9:00 Reading Refresh 9:30 Morning Exercise 10:30 Musical Moment 1:00 Make a Fabric Bowl 3:00 Mail & Drop Ins</p>	<p>27 10:00 Pumpkin Spiced Latte Cart 10:30 DIY Scented Lotion 1:00 1:1 Dominoes 2:00 Puppy Love Cart 3:00 Mail & Drop Ins</p>	<p>28 9:00 Morning News 10:00 Morning Stretch 10:45 Our Daily Bread 1:00 Decorate a Tissue Box 3:00 Mail & Drop Ins</p>	<p>29 9:00 Hand Strengthening Exercises & Ring Toss 10:45 1:1 Cards 1:00 Bingo-Abbey 2:00 An Apple A Day Cart 3:00 Mail & Drop Ins</p>	<p>30 9:00 Puzzle Fun 9:30 Exercise 10:00 Remembering Halloween Songs 1:00 Nail Painting 2:00 Snack Cart 3:00 Mail & Drop Ins</p>	<p>31 Halloween 9:30 The History of Halloween 10:00 Drop Ins 2:00 Happy Halloween Treats 3:00 Mail & Drop Ins</p>

