




# January 2022

## Westminster Village Muncie Inc. Health Center Activities

**New Year's Day 1**

Grab & Go Activities  
on Units

*Happy 2022!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>2</b></p> <p>9:45 Devotional Reading &amp; Hymn History</p> <p>10:30 Winter Painted Pinecones</p> <p>1:00 7s Card Game</p> <p>2:00 Nail Painting * &amp; Essential Oil Hand Lotion</p>	<p><b>3</b></p> <p>9:00 Reading Refresh*</p> <p>9:45 Seated Stretch</p> <p>10:15 Musical Memories: "Winter Wonderland"</p> <p>10:45 Dominoes</p> <p>2:00 Crazy 8s Card Game</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>4</b></p> <p>9:00 Beverage Cart* &amp; Morning News</p> <p>10:30 Bocce Ball</p> <p>1:30 Craft a Fairy House</p> <p>2:30 Walk Westminster*</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>5</b></p> <p>9:30 Morning News Reading</p> <p>10:00 Chair Yoga</p> <p>10:30 January in History</p> <p>10:45 Learn a Little: Bob Ross</p> <p>1:30 Read &amp; Reflect* Library Cart</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>6</b></p> <p>9:30 Cathy &amp; Cooper</p> <p>9:45 Simple Stretch</p> <p>10:15 Zig Zag Zoom Game</p> <p>10:45 Make Custom Cheesecake in a Cup</p> <p>2:00 BINGO</p> <p>2:00 Painting to Music*</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>7</b></p> <p>9:00 Puzzle Fun</p> <p>9:45 Morning Exercise</p> <p>10:15 Table Talk</p> <p>10:45 Uno Card Game</p> <p>2:00 Movie &amp; Popcorn- Legacy Commons Event Hall</p> <p>2:00 Snack Cart *</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>8</b></p> <p>9:00 Sip &amp; Chat*</p> <p>10:30 Crafting with Abby</p> <p>1:00 BINGO</p> <p>3:00 Mail &amp; Drop Ins</p>
<p><b>9</b></p> <p>9:45 Devotional Reading &amp; Hymn History</p> <p>10:30 Coloring By Number</p> <p>1:00 Rummy Card Game</p> <p>2:00 Nail Painting*</p>	<p><b>10</b></p> <p>9:00 Reading Refresh*</p> <p>9:45 Seated Stretch</p> <p>10:15 Plink Trivia</p> <p>10:45 Dominoes</p> <p>1:30 Bocce Ball</p> <p>3:00 Mail &amp; Drop Ins</p> <p>5:30 7s Card Game</p>	<p><b>11</b></p> <p>9:00 Beverage Cart* &amp; Morning News</p> <p>10:30 Chase The Ace Card Game</p> <p>1:30 Plant a Fairy Garden</p> <p>2:30 Walk Westminster*</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>12</b></p> <p>9:30 Morning News Reading</p> <p>10:00 Chair Yoga</p> <p>10:30 What's In The Bag</p> <p>10:45 On The Road: Weird Houses in the U.S.A.</p> <p>1:30 Read &amp; Reflect* Library Cart</p> <p>2:30 Stunning Sparkly Icicle Craft</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>13</b></p> <p>9:30 Cathy &amp; Cooper</p> <p>9:45 Drink Up- Bristol Lounge</p> <p>10:15 On The Road: Century of Progress Homes</p> <p>10:45 Resident Council Meeting</p> <p>2:00 BINGO</p> <p>2:00 Upcycled Pencil Holder*</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>14</b></p> <p>9:00 Puzzle Fun</p> <p>9:45 Morning Exercise</p> <p>10:15 Table Talk</p> <p>10:00 Uno Card Game</p> <p>2:00 Movie &amp; Popcorn- Legacy Commons Event Hall</p> <p>2:00 Snack Cart</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>15</b></p> <p>9:45 Simple Stretch</p> <p>10:30 January Quiz*</p> <p>1:00 BINGO</p> <p>3:00 Mail &amp; Drop Ins</p>
<p><b>16</b></p> <p>9:45 Devotional Reading &amp; Hymn History</p> <p>10:30 Flower Arranging With Yarn Wrapped Vases</p> <p>1:00 7s' Card Game</p> <p>2:00 Nail Painting*</p>	<p><b>Martin Luther King Jr Day 17</b></p> <p>9:00 Reading Refresh*</p> <p>9:45 Seated Stretch</p> <p>10:15 Musical Memories: "We Shall Overcome" &amp; Martin Luther King Jr. Trivia</p> <p>10:45 Dominoes</p> <p>1:30 Rummy Card Game</p> <p>3:00 Drop Ins</p> <p>6:00 Music with Paul White</p>	<p><b>18</b></p> <p>9:00 Beverage Cart* &amp; Morning News</p> <p>10:30 Corn Hole</p> <p>1:30 Paint Ceramics for Fairy Garden</p> <p>2:30 Walk Westminster*</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>19</b></p> <p>9:30 Morning News Reading</p> <p>10:00 Chair Yoga</p> <p>10:30 Famous January Birthdays Quiz</p> <p>10:45 Learn a Little: Adoption</p> <p>1:30 Read &amp; Reflect* Library Cart</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>20</b></p> <p>9:30 Cathy &amp; Cooper</p> <p>9:45 Drink Up- Bristol Lounge</p> <p>10:15 That Winter Word Game</p> <p>2:00 BINGO</p> <p>2:00 Zigzag Painting*</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>21</b></p> <p>9:00 Puzzle Fun</p> <p>9:45 Morning Exercise</p> <p>10:15 Table Talk</p> <p>10:45 Uno Card Game</p> <p>2:00 Movie &amp; Popcorn – Legacy Commons Event Hall</p> <p>2:00 Snack Cart*</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>22</b></p> <p>9:45 Simple Stretch</p> <p>10:30 Roll a Snowman Game</p> <p>1:00 BINO</p> <p>3:00 Mail &amp; Drop Ins</p>
<p><b>23</b></p> <p>9:45 Devotional Reading &amp; Hymn History</p> <p>1:00 Spoons Game</p> <p>2:00 Nail Painting*</p>	<p><b>24</b></p> <p>9:00 Reading Refresh*</p> <p>9:45 Seated Stretch</p> <p>10:15 Musical Memories: Piano Music</p> <p>10:45 Dominoes</p> <p>1:30 Corn Hole Toss</p> <p>2:00 Donut Snowmen</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>25</b></p> <p>9:00 Beverage Cart* &amp; Morning News</p> <p>10:30 Checkers</p> <p>1:00 Walk Westminster *</p> <p>2:00 Grief Group</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>26</b></p> <p>9:30 Morning News Reading</p> <p>10:00 Chair Yoga</p> <p>10:30 On The Road: Rotary Jail Museum</p> <p>10:45 Sock Snowman Craft</p> <p>1:30 Read &amp; Reflect* Library Cart</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>27</b></p> <p>9:30 Cathy &amp; Cooper</p> <p>9:45 Drink Up – Bristol Lounge</p> <p>10:15 Scattergories –ish Brain Game</p> <p>2:00 BINGO</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>28</b></p> <p>9:00 Puzzle Fun</p> <p>9:45 Morning Exercise</p> <p>10:15 Table Talk</p> <p>10:45 Uno Card Game</p> <p>2:00 Movie &amp; Popcorn – Legacy Commons Event Hall</p> <p>2:00 Snack Cart*</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><b>29</b></p> <p>9:45 Simple Stretch</p> <p>10:30 Snowman Jar Luminary</p> <p>1:00 BINO</p> <p>3:00 Mail &amp; Drop Ins</p>
<p><b>30</b></p> <p>9:45 Devotional Reading &amp; Hymn History</p> <p>10:30 Make a Bookmark</p> <p>1:00 Rummy Card Game</p> <p>2:00 Nail Painting*</p>	<p><b>31</b></p> <p>9:00 Reading Refresh</p> <p>9:45 Seated Stretch</p> <p>10:15 Musical Memories: Gaither Vocal Band</p> <p>10:45 Dominoes</p> <p>2:00 Donut Snowmen</p> <p>3:00 Mail &amp; Drop Ins</p>	<p><i>"What good is the warmth of summer, without the cold of winter to give it sweetness."</i></p>  <p><i>-John Steinbeck</i></p>				<p><b>***Activities Subject to Change***</b></p> <p>You may view annual survey books on Devon Court, The Play Court, The Garden Room and Main Library.</p>

Activities are hosted in the Victoria Room unless noted.

\* Indicates activities will be hosted on units.

