



The Village Voice

October 2021

Westminster Village Resident Spotlight



“My husband, Bill, and I had several friends that lived at Westminster Village and they would invite us to have dinner with them, encouraging us to move in. Our sons wanted us to find a home that had no stairs and our physician told us that Westminster was the best community in the area. The seed that had been planted finally took root and we moved in almost two years ago. Sherry Brown, of “Organize This!” was a great help to us during our move. She helped us choose what to bring, moved everything here and set up our apartment for us. I am pleased with my apartment. It has a beautiful view of the pond and the gazebo. I walk around the building at least once a day and I am also in the Walking Club. The residents are so friendly and I have made some very good friends since we moved in. Another one of the reasons we chose Westminster was the wonderful programs and events. I participate in everything I can. The Housekeeping gals are outstanding and they do a miraculous job cleaning my apartment. The Maintenance crew has always responded quickly when any problems have arisen. I think living at Westminster is great. I don’t have to cook or clean anymore!”

– **Tressie Paschal** was born and raised in Birmingham, Alabama. She received her B.A. from Jacksonville State University in Business Education and English. She received her M.A. in Guidance and Counseling, from the University of Alabama. Tressie was introduced to handsome Bill Paschal when she was in her junior year, by Bill’s sister. They were married during her senior year. In 1968, Bill and Tressie were living and teaching in Miami when Bill received a teaching position in the Psychology Department at Ball State, so they moved to Muncie. They have three sons and four grandchildren. Bill passed just five months after they had moved to Westminster Village.

Senior Moments Been There...Done That!

In 1760, Belgian inventor Joseph Merlin attached steel wheels to his boots, thus creating the first pair of roller skates. To show off his new

invention at a ball in London, he skated onto the dance floor while playing a violin. But he had forgotten to practice braking, and as a horrified observer recalled, Merlin



“impelled himself against a mirror of more than five hundred pounds’ value, dashed it to atoms, broke his instrument to pieces and wounded himself most severely.”



Resident’s Granddaughter In The Tokyo Paralympics

Westminster Resident, John Smith, could not be more proud of his 36 grandchildren and 41 great grandchildren but one of his grandchildren, Lizzi Smith, worked extra hard and competed in the 2020 Tokyo Paralympics. Her story began when she was born without a left forearm because of *Amniotic Band Syndrome*. This happens when the fetus gets entangled in the womb and blood flow is cut off. Lizzi never let that stop her and according to John, he gives a lot of the credit to her parents for giving her the confidence to be competitive, despite her disability. Lizzi is a 2014 Muncie Central High School graduate, where she played volleyball and soccer, but swimming was her strongest sport. In Tokyo, she swam the 100m Freestyle, 100m Backstroke, 100m Butterfly and 200m IM. John and his family aren’t the only ones that think she has what it takes. Gatorade featured her in their commercial “*Greatness Starts with G.*” In Tokyo, she won a silver in the 100m Butterfly and finished 5th in the 100m Backstroke. Lizzi had a dream



and worked hard to achieve that dream. She was not going to let anything get in her way. Lizzi is a true inspiration for us all to never give up on your dreams. Congratulations Lizzi!

Why Not Choose Assisted Living at Westminster?

Are you finding that you need a little more help these days with activities of daily living, maybe help with showers, dressing, medicine dispensing, and more? Why not consider a move to Westminster Village’s Assisted Living Neighborhood and let our nurses assist you! Let us do the cooking for you, as you eat all three meals in our lovely Cambridge Dining Room. We will take care of all your personal laundry. Housekeeping will clean your apartment once week and utilities are included.



No going outside to get your mail either because your mailbox will be just steps away. Let our Assisted Living Neighborhood be a place where you feel safe, loved and cared for. Contact Tyler or Melody today for a tour!

If you would like to opt out of this newsletter, please call Melody at 765-288-2155.

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