

Westminster Village Resident Spotlight



“My first momentous moment occurred when I told my friend that I was moving into the apartment near her. She exclaimed, “Wonderful, now you can eat with the third floor girls!” My favorite performances are any of the ones from Ball State. I would tell people that life here is very different from your own home, so be sure to check everything out. I love Westminster because of the setting, the beautiful grounds and the companionships. I have lived at Westminster almost five years and it is important to me as a safe haven.” – **Barbara Cossaart** was born in Omaha, Nebraska and moved to Frankfort, Indiana, after her father passed away. She attended Butler University, earning a degree in Kindergarten/Elementary Education. She taught in the Indianapolis City Schools and was an assistant in the first Montessori School in Muncie. She has four children and for many years her family lived on Bethel, across the street from a woods filled with daffodils. She loves biking and took five trips to Europe with her bike. She also enjoys flower gardening

Transitioning to a Retirement Community

As part of the Marketing Team at Westminster Village Muncie, our goal is to help prospective residents and their families navigate the process of moving into a Retirement or Assisted Living Community. Many times we are asked, “When is the right time to make a move?” or, the big question, “Where do we begin?”

Where do you begin?

Go shopping! Check out all the retirement communities in your city and really see which one would be the best fit. Touring through the



community is the best way to really see how the residents are

living. It is a good idea to go visiting **before you need to make the move** and not when you are in a panic. Don't wait until it is an emergency and you have to make a snap decision. Being prepared is always the best policy.

A good Marketing Team will



walk you through the process, give you informational material and answer all of your questions. They are there to simplify as much as possible for the families and prospective residents.

When is the right time?

Each person will move to a community for a different reason. Many times someone might have health issues and simply can't live at home alone anymore. They might be falling or

forgetting to eat. Those that have lost spouses become lonely and would like to have a social life again. Whatever the reason, make sure the community you choose has the nursing staff and amenities to help the new resident feel right at home!

Can you “try it out” first?

Ask the Marketing person if you can have lunch. A community should invite prospective residents and family members to come enjoy a complimentary lunch to sample the food. Eating is a big part of the



resident’s day, so hopefully they would like the food.

Does the community you are looking at offer a trial period? Some communities offer a trial period, encouraging prospective residents to move into a furnished apartment and all they have to do is pack a bag. Three or four months is a perfect amount of time to see if the community will suit you or your family member.

The community you are looking at should be making the move-in transition as easy and smooth as possible.

Yes, leaving the home your family has lived in for many years



is hard and it may be difficult to downsize. We understand that and see it every day. For many, the move to a community is easy but for others, it takes a while to settle in. A great community and staff will do their best to make the transition easy.

Melody Scoble is the Residential Admission Coordinator at Westminster Village, Muncie.

Senior Moment Been There...Done That!

When the absentminded Scottish writer John Campbell (1708-1775) was in a bookstore one day, he became so engrossed in a book that it wasn’t until he bought it, took it home, and read it halfway through that he realized he himself had written it!



Safe & Warm At Westminster Village

Does spending another winter at home alone concern you? Come enjoy a stress-free winter with our “Safe & Warm” trial stay! Choose one of our comfortably furnished apartments and enjoy the winter at Westminster Village. Wondering where you start? Simply call Tyler or Melody at 765-288-2155 and they will answer all of your questions.



If you would like to opt out of this newsletter, please call Melody at 765-288-2155.

Westminster Village
5801 W. Bethel Avenue
765-288-2155
wvmuncie.com

