

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location keys: Assisted Living (AL) FIRESIDE LOUNGE (FL) ACTIVITY SUITE (AS) MAIN LOUNGE (ML) EVENT HALL (EH) LOWER LEVEL (LL) WELLNESS CENTER (WC) VILLAGE MEETING ROOM (VMR) ESSEX (E) LIBRARY (L) CHAPEL (C)	1 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 1:00 EUCHRE GROUP (AS) All Fools' Day	2 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 12:30 SHOPPING TO WALMART 2:00 BINGO (EH) 7:00 MUSIC WITH MICHAEL CLOYES (EH)	3 9:30 MINDFUL MOVEMENT (WC) 9:30 CATHOLIC SERVICES (C) 10:15 STRENGTH & FLEX (WC) 11:00 MOVEMENT GROUP (E) 1:00-3:00 NEXT TO NEW (LL) 2:00 BAHAMA MAMA MOCKTAIL (ML) 2:00 LEARN HOW TO PLAY: HAND & FOOT GAME (AS) 3:00 TED TALKS (AL/FL) 5:30 HARP MUSIC WITH MEGAN	4 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 2:00 TECH TIME (AS) 2:30 WALKING CLUB (WC) 3:00 MINIATURE PONY VISIT(ML) 6:30 BINGO (EH)	5 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 2:00 MOVIE & POPCORN (EH) *GUYS AND DOLLS* 2:30 PET AND LEARN ABOUT RABBITS (FL) 7:00 BSU SCHOOL OF MUSIC WRECKING CREW ("TRUMPET ENSEMBLE" (EH)	6 PUZZLES & BRAIN TEASERS (AS) 1:30 - 2:30 BIBLE STUDY (VMR)
7 PICK UP DEVOTIONS & BRAIN TEASERS (AS) 2:00 BOOK TALK (VMR) 3:30 VESPERS (EH)	8 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 1:00 EUCHRE GROUP (AS) 1:30 SOLAR PARTY (OUTSIDE) 7:00 MUSIC WITH MARK SCRANTON SINGS & PLAYS KEYBOARD (EH)	9 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 12:30 SHOPPING TO MEIJER 2:00 BINGO (EH) 7:00 MUSIC BRIAN & MARY ROSS (EH)	10 9:30 MINDFUL MOVEMENT (WC) 9:30 CATHOLIC SERVICES (C) 10:15 STRENGTH & FLEX (WC) 1:00-3:00 NEXT- TO- NEW (LL) 2:00 HAND & FOOT GAME (AS) 2:00 COTTON CANDY MILKSHAKE (ML/AL/E) 3:00 TED TALKS (AL/FL) 7:00 THE LAJLS (50'S-90'S MUSIC) (EH)	11 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 11:00 LUNCH BUNCH TO RED LOBSTER 2:00 TECH TIME (AS) 2:30 WALKING CLUB (WC) 6:30 BINGO (EH)	12 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 2:00 MOVE & POPCORN (EH) *SHOW BOAT * 4:00 - 6:00 SOCIAL HOUR (EH)	13 PUZZLES & BRAIN TEASERS (AS) 1:30 - 2:30 BIBLE STUDY (VMR) 1:30 SPRING FLUTE CHOIR CONCERT (EH)
14 PICK UP DEVOTIONS & BRAIN TEASERS (AS) 3:30 VESPERS (EH)	15 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 1:00 EUCHRE GROUP (AS) 2:00 EB BALL SPEAKER TOM SCHWARTZ (BEHIND THE BERLIN WALL) (EH) 7:00 MUSIC WITH PAUL WHITE (EH)	16 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 12:30 SHOPPING TO WALMART 2:00 BINGO (EH) 7:00 DENNIS GLANDER (EH)	17 9:30 MINDFUL MOVEMENT (WC) 9:30 CATHOLIC SERVICES (C) 10:15 STRENGTH & FLEX (WC) 1:00-3:00 NEXT-TO- NEW (LL) 2:00 NEW RESIDENT ORIENTATION (VMR) 2:00 ICE CREAM SANDWICHES (ML) 2:00 HAND & FOOT GAME (AS) 3:00 MUSIC WITH JENNIFER JOHNSON (EH) 3:00 TED TALKS (AL/FL)	18 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 1:00 RESIDENT ASSOCIATION MEETING (EH) 2:00 TECH TIME (AS) 2:30 WALKING CLUB (WC) 6:30 BINGO (EH)	19 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 2:00 MOVIE & POPCORN (EH) * WE BOUGHT A ZOO*	20 PUZZLES & BRAIN TEASERS (AS) 10:00 ROSARY GATHERING (4TH FLOOR & FL) 1:30 -2:30 BIBLE STUDY (VMR) 2:00 CHRISTIAN STUDENT FOUNDATION VISIT (ML)
21 PICK UP DEVOTIONS & BRAIN TEASERS (AS) 2:00 BOOK TALK (LIBRARY) 3:30 VESPERS (EH)	22 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 1:00 EUCHRE GROUP (AS) 2:00 DIRT PUDDING /EARTH DAY (ML/AL/E) 4:00 PLANNING FOR TASTE OF THE TOWN (AS) Passover Begins Earth Day	23 10:00 AL EXERCISE 9AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 12:30 SHOPPING OUTING TO MEIJER 2:00 BINGO (EH) 7:00 SWEET SOUNDS (EH)	24 9:30 MINDFUL MOVEMENT (WC) 9:30 CATHOLIC SERVICES (C) 10:15 STRENGTH & FLEX (W) 1:00 - 3:00 NEXT- TO -NEW (LL) 2:00 BANANA PUDDING MILKSHAKE (ML/AL/E) 2:00 HAND & FOOT GAME (AS) 3:00 TED TALKS (AL/FL) 3:00 COMEDIAN TERRY MOGA (EH) Administrative Professionals Day	25 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 2:00 TECH TIME (AS) 2:30 WALKING CLUB (WC) 5:00 TASTE OF TOWN(AS) 6:30 BINGO (EH)	26 9:30 MINDFUL MOVEMENT (WC) 10:00-2:00 COMMUNITY HEALTH FAIR (EH) 10:15 STRENGTH & FLEX (WC) 2:30 LET'S PLANT A TREE (AS) 4:00 - 6:00 SOCIAL HOUR (EH) Arbor Day	27 PUZZLES & BRAIN TEASERS (AS) 1:30 -2:30 BIBLE STUDY (VMR)
28 PICK UP DEVOTIONS & BRAIN TEASERS (AS) 3:30 VESPERS (EH)	29 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 1:00 EUCHRE GROUP (AS) 3:00 TABLE GAMES (AS) 7:00 MUSIC WITH MIKE DUQUETTE (EH)	30 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 12:30 SHOPPING OUTING TO WALMART 2:00 BINGO (EH)	 <h1>April 2024</h1>			